

School Mentoring Agreement

Action4Youth provides free mentoring service for young people aged 11-17 years. This is designed as a low-level intervention to support young people with challenges such as a behaviour, managing emotions, low-level mental health concerns through providing a safe space and work through activities to help the young person to identify strategies.

The purpose of this agreement is to agree how the referrer and Action4Youth mentor will work in partnership. Mentors have waiting lists so need to ensure we are able to provide the service for those young people who require it.

Sessions

We provide up to 12 sessions for the young person. In exceptional circumstances, where requested, the mentor may extend sessions for a short period after the 12 weeks.

Expectations for mentoring sessions from the school

- Provide a suitable, confidential space for the mentoring sessions
- Advise the mentor, in advance, if the young person is not at school
- Appropriately, update the mentor with information about the young person which may impact their engagement
- Where possible, if a young person has been suspended, we would like to continue to see them if time allows. This can be off school site.

Information provided by the mentor

The mentor will share safeguarding information with the safeguarding lead at school and where appropriate the guardian of the young person. Discussions, other than safeguarding, will be confidential between the mentor and the young person to maintain rapport. There may be other information that is appropriate to be shared to school if the young person is happy for this to happen.

Signposting

Where the young person requires additional support, we will discuss signposting services with yourselves and the young person. It is not appropriate that mentoring is used where other services such as mental health agencies are not available.

Intervention will work with young people who are experiencing anxiety, challenging behaviour, low-level mental health concerns.

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Agreement

The young person will enter into a mentoring agreement at the start of the sessions establishing the outcomes of the process.

Where two consecutive sessions are missed, the young person is consistently late or other reasons negating the agreement, the mentor may take the decision to end the sessions and add the young person to the waiting list when they are ready to engage. When they rejoin, they will receive the number of remaining sessions in the original agreement.

Acceptable reasons for missing sessions may include school trips, mock exams, suspension where the school do not permit the young person back on the premises and other agreed, justifiable reasons, acceptable by the mentor.

Action4Youth agreement

In exceptional circumstances, where the mentor is unable to attend arranged sessions, they will contact you in the first instance, if this is not possible Action4Youth office will contact you as soon as possible.

In the unlikely event the mentor does not arrive for sessions please call them in the first instance, if no response call 0300 003 2334.