



STUDENT ENRICHMENT PROGRAMMES FOR SCHOOLS AND COLLEGES

INSPIRING YOUNG PEOPLE



Action4Youth is a long established and dynamic youth charity, based in Aylesbury and working throughout Buckinghamshire, Milton Keynes and across the surrounding counties

We provide schools and colleges with a single point of delivery for a range of student enrichment and development programmes, based both inside and outside of the classroom, building confidence, resilience, teamwork and improved opportunity.

Programmes are available to young people of all abilities and educational needs.

**To book any of our programmes or to find out more -
Call Action4Youth on 0300 003 2334 or visit www.action4youth.org**

ACTION 4 YOUTH **THE INSPIRATION** **PROGRAMME**

Developed by Action4Youth and designed to broaden the horizons, thinking and experience of young people aged 14-17. The Inspiration Programme enhances existing provision and creates opportunities, providing unique and unprecedented access and interaction with five key pillars of society, Work Life, Police and Criminal Justice, Health & Wellbeing, Arts & Culture, Community and the Environment.

It engages students in practical experiences with an emphasis on getting them out of the classroom and into real-life situations.

The Inspiration Programme is a 1 year programme which achieves the crucial Gatsby Benchmarks, with students following a different pillar each half-term.

Programme Outcomes:

- Development of better self-awareness, increased self-confidence and emotional intelligence.
- Broader life outlook and experience.
- More effective transition from education into employment.
- Improved work readiness.



“Every young person not just the privileged, deserves enrichment opportunities outside the classroom. The Inspiration Programme is an exceptional body which gives young people the opportunity to learn more about themselves and society at large. It inspires their development as confident, interested young people ready to face the opportunities and challenges of adult life. I commend it most warmly”.

(Sir Anthony Seldon - Academic, Author)

**To get The Inspiration Programme for your school and find out more -
Call Action4Youth on 0300 003 2334 or visit www.action4youth.org**

ACTION 4 YOUTH **THE BREAKOUT** **PROGRAMME**

The Breakout Programme is a hard-hitting 12-week, anti-knife and gang programme, designed to bring positive change to the lives of young people at risk of being sucked into crime and of losing purpose in their lives.

Developed to have maximum impact The Breakout Programme is tailored to individual needs and uses a package of mentoring, classroom and outdoor education sessions. We work with schools to identify participants, typically those displaying various early indicators of susceptibility to crime e.g. risk of exclusion from school, disruptive behaviour, poor school attendance, anti-social behaviour and possibly already having had some negative contact with the police. Some schools also like to target pupils for very early intervention with the aim of reducing certain behaviour patterns occurring.

The targeted intervention runs for 0.5 day each week over a 12-week period for groups of 10 young people. Schools know their pupils well and can easily highlight which students identify at risk.



**To get The Breakout Programme for your school and find out more -
Call Action4Youth on 0300 003 2334 or visit www.action4youth.org**



Action4Youth is an Approved Activity Provider for the Duke of Edinburgh's Award delivering expedition programmes at Bronze, Silver and Gold level.

This ensures you can offer expeditions to all of your participants rather than capping numbers. Our programmes run throughout the season and include full training, a certificated first aid course and, for Silver and Gold, all transport to and from the event location.

Our qualified and experienced instructors will lead your groups, sharing their skills, experience and expertise while guaranteeing safety.

Colleges, universities and employers regard a DofE Award highly so it will also help to open the right doors for young people. DofE develops young people and helps prepare them for life and work.



Talk to us about how we can run expedition programmes for your school or college - Call Action4Youth to discover more on 0300 003 2334 or visit www.action4youth.org



The Action4Youth Caldecotte Xperience delivers outstanding outdoor learning and adventure programmes for schools, colleges and groups.

With day and residential programmes, it has the largest range of land and water-based activities in the region and a variety of accommodation including 2 yurt villages, and popular bell tent villages with a fun, festival feel.

All activities and accommodation are fully accessible for those with additional needs including those young people with more complex needs, with a range of adapted craft and specialist instructors.

Caldecotte Xperience works with schools to build the specific, targeted programmes required to meet your aims and objectives.

Programme Outcomes:

- Significant, proven and measurable long-term learning benefit.
- Improved personal development.
- Reduction in negative behaviours and social isolation.
- Increased self-confidence and esteem.
- Increased physical and mental well-being.
- Increased engagement and achievement, including improved exam performance.
- Peer group respect.



To book day or residential programmes for your school and discuss your specific aims and outcomes - Call Caldecotte Xperience on 0300 003 0998 or visit www.action4youth.org

GCSE PE - INDIVIDUAL PRACTICAL PERFORMANCE

The Individual Practical Performance Programme element for the GCSE PE syllabus is also available at Caldecotte Xperience.

Covering all paddle sports and rock climbing, our courses also provide exit routes into progressive clubs for students who wish to continue to higher levels and qualifications.

Courses cover the 12 hours of content required for each sport, with tuition options available either on a weekly basis or over a 2 or 3 day residential. Tuition also includes the opportunity for your school to fully record your candidates taking part in each required level of the programme.

Full course materials are also provided to candidates for use in school and externally, in preparation for each of the practical elements.



To book the GCSE programme for your school and find out more -
Call Caldecotte Xperience on 0300 003 0998 or visit www.action4youth.org



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